

# OCTOBER MENU

For Meal Reservations please call 663-6528.  
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Pork Chop</b> Dressing Broccoli w/Cheese Sauce Fruit Cocktail	2 <b>Hot Roast Beef Sandwich</b> Mashed Potatoes/Gravy Green Beans Sliced Peaches	3 <b>Chicken Chow Mein</b> Buttered Rice Egg Roll Fortune Cookie Fruit in Gelatin	4 <b>Salisbury Steak</b> Scalloped Potatoes Cauliflower w/Cheese Sauce White Cake w/ Strawberries	5 <b>Chili</b> Crackers Coleslaw Caramel Roll Chilled Pears
8 <b>Beef Stroganoff</b> Buttered Noodles Salad w/Dressing Mandarin Oranges	9 <b>Honey Baked Chicken</b> Rice Pilaf Buttered Peas Pineapple Brownie	10 <b>Polish Sausage</b> Mashed Potatoes Sauerkraut Plums	11 <b>Chicken Pot Pie</b> Carrots Biscuit Fruit in Gelatin Pudding w/Topping	12 <b>California Burger</b> Potato Wedges Buttered Corn Turnover
15 <b>Chicken &amp; Dumplings</b> Chuck Wagon Corn Apricots	16 <b>Cabbage Roll</b> Baby Baker Potatoes Sliced Carrots Fruit Salad	17 Octoberfest <b>Knoephla, Kraut, Sausage</b> <i>Homemade*</i> Cheese Buttons Plums Kuchen	18 <b>Taco Salad</b> Garlic Toast Fresh Fruit Pie	19 <b>Egg Salad on Croissant</b> Vegetable Chowder Soup Buttered Corn Chilled Pear Halves Cookie
22 <b>Swedish Meatballs</b> Mashed Potatoes/ Gravy Key Biscayne Bl. Veg. Pineapple	23 <b>Creamed Chicken</b> Mashed Potatoes/Gravy Garden Vegetables Chilled Peaches	24 <b>Chicken Fried Steak</b> Mashed Potatoes/Gravy Buttered Corn Strawberry Fruit Salad	25 <b>Meat Loaf Or Liver &amp; Onions</b> Baked Potato w/Sour Crn Broccoli Normandy Pears Cake	26 <b>Country Sausage</b> Knoephla & Kraut Caribbean Blend Vegeta- ble Dark Sweet Cherries
29 <b>Turkey</b> Dressing Buttered Green Beans Cranberry Sauce Pumpkin Pie	30 <b>Ham &amp; Scalloped Potatoes</b> Malibu Blend Veg. Tropical Fruit Cookie	31 <b>Lasagna</b> Garlic Toast Salad w/Dressing Banana Bar w/Frosting	<i>*Homemade Cheese Buttons will be made at the Mandan Site.</i>	

Suggested Contributions  
\$3.75/congregate meal  
\$3.90/home-delivered meal  
EBT/SNAP accepted  
The meal price for those under 60 is \$10.00

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.

Menu Items subject to change based on availability.