

SEPTEMBER MENU

For Meal Reservations please call 663-6528.
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOLIDAY	3 Knoephla, Sauerkraut & Sausage Chilled Plums	4 Italian Spaghetti Salad w/Dressing Buttered Corn Bread Stick Fruit Salad	5 BBQ Chicken Hash Browns Country Trio Vegetables Fruit in Gelatin	6 Steak w/Onion Gravy Roasted Potatoes Broccoli w/Cheese Sauce Tropical Fruit
9 Pork Roast Hash Browns Malibu Blend Vegetables Chilled Apricots	10 Salisbury Steak Roasted Potatoes Garden Blend Vegetables Fruit in Gelatin Apple Crisp	11 Chicken Cordon Bleu Rice Pilaf Caribbean Blend Vegetables Fruit Cocktail Rice Krispie Bar	12 Cabbage Roll Baked Potato/Sr. Cream Mixed Vegetables Chilled Pears	13 Egg Salad on Croissant Vegetable Chowder Crackers Banana Cookie
16 Roast Beef Mashed Potatoes/Gravy Sliced Carrots Chilled Peaches	17 BBQ Ribs Hash Brown Bake Green Beans Fruit Salad	18 Taco Salad Garlic Toast Fresh Fruit Turnover	19 Turkey Dressing Mashed Potatoes/Gravy Baby Carrots Cranberry Sauce	20 Chili Creamy Coleslaw Crackers Chilled Pineapple Caramel Roll
23 Creamed Chicken Mashed Potatoes Corn Blushing Pears	24 Meatballs Mashed Potatoes/Gravy Peas & Onion Pearls Peaches & Cream	25 Lasagna Salad w/Dressing Garlic Toast Sweet Dark Cherries	26 Meatloaf or Liver & Onions Baked Potato w/sour crm. Green Beans Strawberries White Cake	27 California Burger Tator Tots Key Biscayne Blend Veg. Fresh Fruit
30 Hot Beef Sandwich Mashed Potatoes/Gravy Key West Blend Apple Sauce Cookie				Menu Items subject to change based on availability.

Suggested Contributions
\$3.75/congregate meal
\$3.90/home-delivered meal
EBT/SNAP accepted
The meal price for those under 60 is \$10.00.

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.