NOVEMBER MENU

For Meal Reservations please call 663-6528.
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Items subject to change based on availability.			1 **Pepper Steak over Rice** Cauliflower Fruit Cocktail	2 **Bacon Cheeseburger** Potato Wedges Baby Carrots Fresh Fruit Turnover
5 **Smothered Steak** Augratin Potatoes Brocolli w/Cheese Applesauce	6 **Chicken Chow Mein** Buttered Rice Egg Roll Fortune Cookie Chilled Pineapple	7 **Pork Roast** Dressing w/Gravy Buttered Peas Chilled Peaches Cheese Cake	8 **Oven Fried Chicken** Potato Salad Baked Beans Biscuit Dark Sweet Cherries Ice Cream	9 **Beef Stroganoff** Buttered Noodles Peas & Carrots Fruit in Gelatin
12 **Roast Beef** Mashed Potatoes/Gravy Buttered Peas Chilled Pears	13 **Chicken Cordon Bleu** Rice Pilaf Mixed Vegetables Chilled Pineapple Pudding w/Topping	14 **Ham** Sweet Potatoes Buttered Corn Chilled Apricots	15 **Taco Salad** Garlic Toast Fruit Pie	16 **Meatballs** Mashed Potatoes/Gravy Country Trio Vegetable Tropical Fruit Cookie
19 **BBQ Chicken** Hash Browns Caribbean Blend Veg. Mandarin Oranges	20 Thanksgiving Dinner **Roast Turkey** Mashed Potatoes/Gravy Bread Dressing Butter Corn Cranberry Sauce Pumpkin Pie	21 **Lasagna** Romaine Salad/Dressing Green Beans Garlic Toast Fruit Salad	22 HOLIDAY	23 CLOSED
26 **Salisbury Steak** Hash Brown Bake Baby Carrots Chilled Peaches	27 **Polish Sausage** Mashed Potatoes Sauerkraut Chilled Plums	28 **New England Boil Dinner** Banana Bars	29 **Meatloaf or Liver & Onions** Baked Potato Green Benas Tropical Fruit Brownie	30 **Chicken Fried Steak** Mashed Potatoes/Gravy Corn Chilled Mandarin Oranges

Suggested Contributions
$3.75/congregate meal
$3.90/home-delivered meal
EBT/SNAP accepted
The meal price for those under 60 is $10.00.

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.