

NOVEMBER MENU

For Meal Reservations please call 663-6528.
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Hot Beef Sandwich Mashed Potatoes/Gravy Broccoli Chilled Peaches	2 Stuffed Pepper Baked Potato w/Sour Crm. Cauliflower Dark Sweet Cherries	3 Chicken Enchilada Bake Mexican Rice Refried Beans Caramel Apple Slices
6 Swiss Steak Scalloped Potatoes Cauliflower w/Cheese Chilled Apricots	7 Knoephla, Kraut, & Sausage Sliced Carrots Cherry Cobbler	8 Indian Tacos Banana	9 BBQ Chicken Augratin Potatoes Mixed Vegetables Mandarin Oranges	10 Lemon Pepper Fish Rice Pilaf Country Trio Vegetables Fruit in Gelatin
13 Meatball in Tomato Sauce Garlic Mashed Potatoes Green Beans Tropical Fruit	14 Pork Chop w/Gravy Baby Potatoes Buttered Peas White Cake w/Strawberries	15 Lasagna Romaine Salad/Dressing Garlic Bread Chilled Peaches	16 Meat Loaf Baked Potato w/Sour Crm. Peas Chilled Applesauce	17 Hot Ham & Cheese on Bun Potato Wedges Broccoli Normandy Chilled Pears
20 Pepper Steak over Rice Broccoli Chilled Pineapple Ice Cream	21 Thanksgiving Dinner Roast Turkey Mashed Potatoes/Gravy Bread Dressing Butter Corn Cranberry Sauce Pumpkin Pie	22 Bacon Cheeseburger Potato Wedges Baked Beans Fresh Fruit Cookie	23 HOLIDAY	24 CLOSED
27 Polish Sausage Mashed Potatoes Sauerkraut Chilled Plums	28 Egg Salad on Bun Knoephla Soup Crackers Blushing Pears Pie	29 Crispy Chicken Mashed Potatoes/Gravy Creamy Coleslaw Biscuit Chilled Applesauce Frosted Brownie	30 Ham or Liver & Onions Scalloped Potatoes Peas & Carrots Tropical Fruit	Menu Items subject to change based on availability.

Suggested Contributions

\$3.75/congregate meal

\$3.90/home-delivered meal

EBT/SNAP accepted

The meal price for those under 60 is \$8.40.

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.