

NOVEMBER MENU

For Meal Reservations please call 663-6528.
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Items subject to change based on availability.				1 Pepper Steak Rice Pilaf Buttered Peas Chilled Apricots
4 Chicken Cordon Bleu Potato Wedges Cauliflower w/Cheese Chilled Pineapple Pudding w/Topping	5 Cabbage Roll Baked Potato w/Sr. Cream Broccoli Strawberry Fruit Salad	6 Polish Sausage Mashed Potatoes Sauerkraut Chilled Plums	7 Chicken Fried Steak Mashed Potatoes/Gravy Corn Fresh Fruit Banana Bar	8 Swiss Steak Hash Browns Caribbean Blend Veg. Peach Cobbler
11 Swedish Meatballs Mashed Potatoes/Gravy Buttered Corn Chilled Fruit Cocktail	12 Pork Chop Scalloped Potatoes Harvard Beets Fruit Salad	13 Lasagna Salad/Dressing Sliced Carrots Garlic Toast Turnover	14 Sweet & Sour Chicken Buttered Rice Egg Roll Chilled Pineapple Fortune Cookie	15 BBQ Pork on Bun Knophla Soup Crackers Green Beans Applesauce
18 Hot Beef Sandwich Mashed Potatoes/Gravy Country Trio Vegetables Chilled Pears	19 Pork Roast Au gratin Potatoes Mixed Vegetables Gelatin w/Fruit & Topping	20 Crispy Chicken Potato Wedges Coleslaw Biscuit/Jelly Dark Sweet Cherries Cookie	21 Meatloaf or Liver & Onions Baked Potato w/Sr. Cream Peas Mandarin Oranges Brownie	22 Steak w/Onion Gravy Roasted Potatoes Malibu Blend Veg. Tropical Fruit
25 Creamed Chicken Dumplings Broccoli Normandy Chilled Peaches	26 Thanksgiving Dinner Roast Turkey Mashed Potatoes/Gravy Bread Dressing Butter Corn Cranberry Sauce Pumpkin Pie	27 Bacon Cheeseburger Tator Tots Green Beans Cheesecake w/Berries	28 HOLIDAY	29 CLOSED

Suggested Contributions
\$3.75/congregate meal
\$3.90/home-delivered meal
EBT/SNAP accepted
The meal price for those under 60 is \$10.00.

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.