

JANUARY MENU

For Meal Reservations please call 663-6528.
Call at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 HOLIDAY	2 Bacon Cheeseburger Potato Wedges Baked Beans Chilled Pears	3 Pork Chops Roasted Potatoes Country Trio Vegetable Chilled Pineapple Pie	4 Scalloped Potatoes & Ham Malibu Blend Veggies Chilled Apricots Turnover
7 Chicken Fried Steak Mashed Potatoes/Gravy Buttered Corn Chilled Apricots	8 Cabbage Roll Baked Potato Sliced Carrots Lemon Fruit Salad	9 Salisbury Steak Augratin Potatoes Cauliflower w/Cheese Sliced Pineapple Brownie	10 Beef Stroganoff over Buttered Noodles Broccoli Bread Stick Fruit Cocktail	11 Chili Crackers Coleslaw Caramel Roll Banana
14 Meatballs Mashed Potatoes/Gravy Garden Mix Vegetable Mandarin Oranges	15 BBQ Chicken Hash Browns Green Beans Blushing Pears Cake	16 Lasagna Baby Carrots Salad Chilled Peaches Garlic Toast	17 Chicken Cordon Bleu Rice Pilaf New Brunswick Blend White Cake w/ Strawberries	18 Beef Stew Biscuit Three Bean Salad Mixed Fruit Cookie
21 HOLIDAY	22 Creamed Chicken Dumplings Buttered Corn Tropical Fruit	23 Roast Beef Mashed Potatoes/Gravy Peas & Carrots Chilled Peaches Lemon Bar	24 Lemon Pepper Fish Rice Pilaf Buttered Beets Dark Sweet Cherries	25 Ham Sweet Potatoes Mixed Vegetables Apple Sauce Cheese Cake
28 Hot Turkey Sandwich Mashed Potatoes/Gravy Country Trio Vegetable Mandarin Oranges Ice Cream	29 Swiss Steak Baby Bakers Buttered Peas Gelatin w/Topping	30 Crispy Chicken Potato Salad Baked Beans Fruit in Gelatin Biscuit Cookie	31 Meatloaf or Liver & Onions Baked Potato Sliced Carrots Fruit Salad	Menu Items subject to change based on availability.

Suggested Contributions
\$3.75/congregate meal
\$3.90/home-delivered meal
EBT/SNAP accepted
The meal price for those under 60 is \$10.00.

Older Americans Act federal regulations require individuals age 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or a semi-annual registrations to participate in the Home Delivered Meals Program. Individuals are notified when their registrations need to be updated.